

# Balance Work. Balance Life.

**B**alanceWorks® is an enhanced employee assistance program (EAP) provided in partnership with eni – a leading behavioral health-care provider – that is designed to help achieve work-life balance. This confidential service connects employees with a team of highly qualified intake specialists and personal assistants who provide assistance for a variety of personal services.

## BALANCEWORKS® FEATURES

- **Individual Personal Assistants** – Specialized work-life services and useful research and referrals assist employees in achieving success and balance in their lives.
- **BalanceWorks® Online** – A personalized Web portal allows each employee to communicate with their personal assistant in an efficient, confidential manner.
- **Personal Growth Online Training Courses** – Hundreds of educational articles, online videos, and self-help tools are available.
- **Wellness Program** – Up to three telephone sessions with an eni personal wellness coordinator. Online health risk assessment and access to the wellness website is also available.
- **Counseling Referral Services** – Confidential assessment and referrals to licensed counselors are available. eni will assist the employee with finding an available counselor.



- **Financial Consultation and Referral** – BalanceWorks® includes a free, 30-minute telephone consultation with a financial consultant and referral to financial planning programs.
- **Legal Consultation and Referral** – BalanceWorks® includes a free, 30-minute consultation with an attorney, as well as access to eni's nationwide network of over 10,000 available attorneys.
- **Child- and Elder-Care Referral Services** – Personal assistants help locate the ideal care provider based on location, budget, needs, and selection criteria.
- **Travel Coordination** – Personal assistants help plan and coordinate travel getaways, assisting with travel preparation, pet sitters, and unaccompanied minor travel.

## BALANCEWORKS® BENEFITS

- **Increased Retention** – Employer-sponsored programs that help employees balance home and work life can help to increase satisfaction, and ultimately, employee retention.
- **Decreased Absenteeism** – Increased productivity can boost the bottom line and help offset the cost of eni's BalanceWorks® EAP program.
- **Reduced Cost** – Money invested in eni's BalanceWorks® solution can potentially save employers in reduced disability, medical, pharmacy, and workers' compensation costs.



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